

Introduction to the Portrait

Robin Dawn Frey

Supply List
Summer 2009

BRUSHES

(Silver Brush brand is recommended)

Bristle Filbert # 2 (at least 3)

Bristle Filbert #4 (at least 5)

PALETTE AND RAGS

Large palette (18" x 20" or larger)

Viva Paper Towels (at least 4 rolls) – Viva is a Kleenex brand, and is recommended.

THINNER

Odorless mineral spirits in container with lid

MEDIUM

2/3-part Stand Oil (Gamblin)

1/3-part odorless mineral spirits ODORLESS SPIRITS ARE REQUIRED.

OPTIONAL

A baseball cap, visor or hat with a brim can prove useful to reduce glare.

CANVAS OR PANEL

Acrylic primed and toned grounds are recommended. Bring at least 10 painting supports, 16" x 20" and 12" x 16" are recommended. All supports must be toned in advance. Cotton, linen and Masonite supports are acceptable.

CANVAS TONING PROCESS:

On pre-stretched, pre-primed canvas, use a brush to apply one to two coats of Golden Acrylic N6 Neutral Gray paint diluted with water. The mixture ratio is approximately two parts water to one part paint. To apply the tone, first cover the entire surface of the canvas with the mixture using a 2 or 3-inch wide brush. When the surface is completely covered, ensure the paint surface is smooth by lightly dragging the brush through the paint from one edge to the other across the entire surface. The finished canvas should have a uniform smooth gray finish. If the first coat does not cover sufficiently, apply a second coat. Do not apply the paint too thick because it reduces the canvas absorbency and makes it more difficult to apply the paint evenly.

WOODEN PALETTE

Bring a large wooden palette treated to prevent paint absorption from the oil from the paints. To treat, apply a coat of regular or quick-dry polyurethane. Let dry, sand lightly. Apply additional coats if needed.

OIL COLORS

Alizarin Crimson Permanent

Burnt Sienna (Winsor & Newton)

Cadmium Green

Cadmium Green Pale

Cadmium Orange

Cadmium Red

Cadmium Red Deep

Cadmium Scarlet

Cadmium Yellow

Cadmium Yellow Light

Cerulean Blue

Cobalt Blue

Dioxazine Purple (Gamblin)

Indian Yellow

Permanent Rose

Perylene Red (Gamblin)

Phthalo Green

Phthalo Turquoise

Quinacridone Magenta

Raw Sienna

Titanium White

Ultramarine Blue

Viridian