

# *Art Educators Workshop – Still Life*

## *Natalie Italiano*

# *Supply List*

## *Summer 2009*

### *BRUSHES*

(Silver Brush brand is recommended)

- 4 #4 Bristle Filbert Long
- 2 #2 Bristle Filbert Long

### *PALETTE AND RAGS*

Large wood palette (approximately 16" x 20") sealed to prevent absorption of paint. To seal, apply three layers of stand or linseed oil, dry in between coats or apply one coat of polyurethane  
Viva Paper Towels (at least 3rolls) – Viva is a Kleenex brand, and is recommended.

### *CANVAS TONING PROCESS*

On pre-stretched, pre-primed canvas, use a 2 or 3-inch wide brush to apply one to two coats of Golden Acrylic N6 Neutral Gray paint diluted with water. The mixture ratio is two parts water to one part paint. Cover the entire surface of the canvas with the mixture. When the surface is completely covered, ensure the surface is smooth by lightly dragging the brush through the paint from one edge to the other across the entire surface. The finished canvas should have a uniformly smooth gray finish. If the first coat did not cover sufficiently, apply a second coat of the toning mixture. Do not apply the paint too thickly: that reduces the canvas absorbency and makes it more difficult to apply the paint evenly.

### *THINNER*

Odorless mineral spirits in container with lid

### *MEDIUM*

- 2/3-part Stand Oil
- 1/3-part odorless mineral spirits

### *OPTIONAL*

A baseball cap, visor or hat with a brim can prove useful to reduce glare.

### *CANVAS*

Acrylic primed (gesso) canvas with an additional layer of gray tone (acrylic paint) is recommended. Bring at least 10 painting supports, 16" x 20" and 12" x 16" are recommended. All supports must be toned in advance. Cotton canvas or canvas paper is acceptable. Canvas paper should be taped to a canvas or a Masonite panel.

### *CANVAS TONING PROCESS:*

On pre-stretched, pre-primed canvas, use a brush to apply one to two coats of Golden Acrylic N6 Neutral Gray paint diluted with water. The mixture ratio is approximately two parts water to one part paint. To apply the tone, first cover the entire surface of the canvas with the mixture using a 2 or 3-inch wide brush. When the surface is completely covered, ensure the paint surface is smooth by lightly dragging the brush through the paint from one edge to the other across the entire surface. The finished canvas should have a uniform smooth gray finish. If the first coat does not cover sufficiently, apply a second coat. Do not apply the paint too thick because it reduces the canvas absorbency and makes it more difficult to apply the paint evenly.

### *OIL COLORS*

(Professional grade paints such as Winsor & Newton or Gamblin are recommended.)

- |                                |                            |
|--------------------------------|----------------------------|
| Alizarin Crimson Permanent     | Dioxazine Purple (Gamblin) |
| Burnt Sienna (Winsor & Newton) | Indian Yellow              |
| Cadmium Green (Vasari brand)   | Permanent Rose             |
| Cadmium Green Pale             | Perylene Red (Gamblin)     |
| Cadmium Orange                 | Phthalo Green              |
| Cadmium Red                    | Phthalo Turquoise          |
| Cadmium Red Deep               | Quinacridone Magenta       |
| Cadmium Scarlet                | Raw Sienna                 |
| Cadmium Yellow                 | Titanium White             |
| Cadmium Yellow Light           | Ultramarine Blue           |
| Cerulean Blue                  | Viridian                   |
| Cobalt Blue                    |                            |